

Santa Rosa District Schools ***High School Physical Education Policy***

Every student should have the opportunity to participate in and benefit from a quality Physical Education Program. Santa Rosa County School District's High School Physical Education Program adheres to the Sunshine State Standards and reflects state and local requirements for the High School Course of Study.

The High School Physical Education program of study will reflect the following outcomes:

- Every effort will be made to insure that all high school physical education courses are taught by certified physical education teachers.
- All students will meet the one-credit graduation requirement in physical education; at least one half credit will include assessment, improvement, and maintenance of personal fitness. Any other physical education course may satisfy the remaining half credit but should continue to build upon the personal fitness course through assessment, improvement, and maintenance of personal fitness.
- District policy will prohibit the use of physical activity and the withholding of physical activity as an act of punishment.

- The following exceptions apply:
 - 1) 1.0 Credit in Adaptive Physical Education IEP or 504 Plan (1500300) satisfies this requirement for those exceptional education students seeking a standard diploma who cannot be assigned to Personal Fitness (1501300) pursuant to physical education guidelines in the "Individuals with Disabilities Act" (IDEA '97) and Section 504 of the Rehabilitation Act.
 - 2) Participation in an Interscholastic Sport at the junior varsity or varsity level for two full seasons satisfies the one-credit requirement in physical education if the student passes a competency test on personal fitness with a score of "C" or better.
An interscholastic sport is defined to include all sports approved by the Florida High School Athletic Association. (FHSAA) The course, Interscholastic Sports, course number 150004000, shall be entered on the student's transcripts as a non-credit course.
 - 3) Completion of one semester with a grade of "C" or better in a marching band class or in a physical activity class that requires participation in marching band activities as an extracurricular activity (such as eurhythmics, dance corps, or flag corps), with regular practice and performance in marching band activities satisfies a one-half credit

requirement in physical education. This one-half credit may not be used to satisfy the personal fitness requirement or the requirement for adaptive physical education under an individual educational plan (IEP) or 504 Plan.

- 4) Completion of one semester with a grade of "C" or better in a Reserve Officer Training Corps (R.O.T.C.) class that has a substantial component of drills as a part of the course description satisfies a one-half credit requirement in physical education. This one-half credit may not be used to satisfy the personal fitness requirement for adaptive physical education under an Individual Education Plan (IEP) or 504 Plan.
- 5) Students must meet eligibility requirements associated with the physical education waivers. Principals may exempt a student from physical education only after meeting with the student's parents and/or guardians, consulting with physical education staff, and receiving written verification that the exemption is necessary for validated medical reasons.
- 6) Schools may not require that students complete the one-credit physical education requirement in the ninth grade.