

COUNSELING CONNECTION

Mrs. Bennett, School Counselor

bennettw@santarosa.k12.fl.us

(850) 995-3650

SUMMER IS COMING!! ... ► May/June

How to beat the **SUMMER SLIDE**



Have your child read for at least **20 minutes** every day.

Spend time **cooking** together.



Explore different kinds of **reading material** like picture books, chapter books, and magazines.

Make use of your **local library**.



Listen to **audio books** on summer car trips.

Read aloud with your children daily.



Review skills with fun, hands-on review activities.

Engage in **meaningful conversation** and help build your child's vocabulary.



Enjoy a **new hobby!**

Learn more about these great ideas at <http://blog.AllAboutLearningPress.com/summer-slide>

ALL ABOUT Learning Press

Other activities for social & Emotional Learning...

-STARING CONTEST AND THE MIRROR GAME (PRACTICES EYE CONTACT AND TUNING INTO SOMEONE ELSE)

-FEELING CHARADES (PRACTICES EMOTIONAL RECOGNITION THROUGH FACIAL CUES AND BODY LANGUAGE)

-CATEGORIES-USE THE ALPHABET TO NAME WORDS IN A SPECIFIC CATEGORY (PRACTICES STAYING ON TOPIC)

-IMPROVISED STORYTELLING-GROUP USES PICTURES ON CARDS TO GUIDE STORY (PRACTICES FOCUS AND CREATIVITY)

-STEP INTO CONVERSATION-PRETEND YOU AND YOUR CHILD ARE MEETING FOR THE FIRST TIME/THEY MUST GREET YOU AND START A CONVERSATION (PRACTICES MEETING NEW PEOPLE, HOLDING A CONVERSATION, AND LISTENING SKILLS)

-JOURNALING-YOU AND YOUR CHILD WRITE/DRAW BACK AND FORTH IN THE SAME NOTEBOOK (PRACTICES CONVERSATIONAL SKILLS, PATIENCE, EXPRESSION OF THOUGHTS/FEELINGS, AND PROVIDES A WAY FOR YOUR CHILD TO FEEL HEARD AND IMPORTANT)



DO YOU CONSIDER SUMMER A BREAK FROM SCHOOL OR A CHANCE TO GET AHEAD?