

# COUNSELING CONNECTION

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## Red Ribbon Week!

October

### WHAT?

Red Ribbon Week is a national campaign to educate children about what drugs are, their dangers, ways to say no, and how to make healthy choices. Schools across our nation celebrate this week!

### WHEN? **October 22-26**

### WHY?

Many schools celebrate Red Ribbon Week because it's important to talk to children early and often about drugs. Unfortunately, many children are exposed to drugs or people who use drugs at a very early age, and they deserve some education about the topic. Schools are joining the campaign to provide education in an age-appropriate and fun way. This week is also about building community in our school through celebration of healthy messages!

## THEME DAYS

### Monday

"Band together against drugs" – Wear as much RED as you can!

### Tuesday

"Too bright to use drugs" – Wear BRIGHT colors!

### Wednesday "Team up against drugs" –

Wear a SPORTS JERSEY or T-SHIRT!

### Thursday "Put a cap on drugs" –

Wear a HAT!

### Friday

"SOCK it to drugs" – Wear silly socks!



**"WE PLEDGE to be DRUG FREE!"**